

**Directions:** Use on training days only. Mix 1 scoop with 6-8 oz of cold water 15-30 minutes prior to training.

**Warning:** Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume synephrine or caffeine from other sources, including but not limited to: coffee, tea, soda, and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Use in a 12 week on, 2 week off pattern. Consult your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to: MAOI inhibitors, antidepressants, aspirin, non-steroidal, anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to: heart, liver, kidney, or thyroid disease, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue use 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headaches, or shortness of breath. This product DOES NOT contain ingredients banned by certain sports organizations.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DAUNTLESS NUTRITION

# PRE-WORKOUT

WATERMELON SUGAR



**ENERGY\***  
(Caffeine)



**PERFORMANCE\***  
(Beta-alanine)



**STRENGTH\***  
(Creatine)

DIETARY SUPPLEMENT

30 SERVINGS 240g [8.5oz]

## Supplement Facts

Serving Size: 1 Scoop (8 g)  
Servings per Container: 30

	Amount per Serving	%DV
Vitamin C (Ascorbic Acid)	250mg	278%
Vitamin B6 (as Pyridoxal-5'-Phosphate)	0.035 mg	2%
Folate	250 mcg DFE (150 mcg Folic Acid)	63%
Vitamin B12 (as Methylcobalamin)	20 mcg	833%
Calcium (as Calcium Silicate)	18.30 mg	1%
Beta-Alanine	1.5 g	†
Creatine Monohydrate	1 g	†
L-Arginine Alpha-Ketoglutarate	1 g	†
L-Citrulline Malate	1 g	†
N-Acetyl L-Tyrosine	500 mg	†
Caffeine Anhydrous	250 mg	†
Synephrine HCl	30 mg	†

† Daily Value (DV) not established

**Other Ingredients:** Citric Acid, Pineapple Fruit Juice Powder, Silicon Dioxide, Natural and Artificial Flavors, Acesulfame Potassium, Sucralose, and FD&C Red #40.

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